



# CAMP SHALOM

## Suggested Packing List

July/August campers

### Helpful Hints

- Label everything clearly and permanently (first and last name)
- Pack belongings in maximum **2** soft sided duffel bags (no suitcases/trunks). Shelf space is limited.
- We highly recommend the use of packing cubes to help to keep your camper's belongings organized

### Clothing

- 12 pairs underwear
- 12 pairs socks
- 2 pairs jeans or pants
- 5 pairs leggings or sweatpants
- 8 pairs of shorts
- 12 short sleeve t-shirts
- 2 white t-shirts
- 3 long sleeve t-shirts
- 4 sweatshirts/hoodies
- 4 pairs pajamas (heavy and light)
- 2 sets of "nicer clothes" for Shabbat/Banquet (i.e. blue/white for 1<sup>st</sup> Shabbat, khaki pants/collared shirt or a light summer dress for Banquet)
- 5 bathing suits
- 1 bathrobe
- 1 jacket for cool evenings
- 1 raincoat
- 3 sun hats/baseball caps (visors not acceptable)
- 1 toque

### Footwear

- 2 pairs running shoes
- 1 pair flip flops/crocs
- 1 pair daily use sandals (preferably with straps)
- 1 pair rain boots

### Toiletries

- 2 toothbrushes (with cases)
- 1 tube toothpaste
- 1 liquid body wash or bar soap (with closable case)
- 1 bottle shampoo
- 1 bottle conditioner
- 1 deodorant
- 1 comb/hairbrush
- 1 bottle insect repellent (non-aerosol)
- 1 stick After-Bite anti-itch
- 1 shower bucket/caddy
- 2 bottles of sunscreen, waterproof, 30+ SPF
- Feminine hygiene products (if applicable)

### Linens

- 1 comforter (single/twin bed size)
- 2 fitted sheets (single/twin bed size)
- 2 flat sheets (single/twin bed size)
- 1 pillow
- 2 pillowcases
- 1 light blanket
- 1 sleeping bag (optional, for in-camp camping trips)
- 4 shower towels
- 4 beach towels
- 2 face/hand towels
- 2 laundry bags
- 1 foam mattress topper (optional)

### Miscellaneous

- 2 reusable water bottles
- Sunglasses
- Pens/pencils
- Stationery/Paper
- Pre-addressed and stamped envelopes
- Swim goggles (optional)
- 2 kippas for Shabbat (optional)
- Small rug for bedside (optional)
- At least one item of clothing of each colour for Maccabiah (Red, Blue, Yellow, Green)
- Disposable camera(s) or inexpensive digital camera with battery charger
- 1 hanging shoe bag to hold small items (optional)
- Slippers (optional)
- Sports equipment (i.e. baseball glove, tennis racket) (optional)
- Extra eyeglasses/contact lenses (if applicable)
- Teddy bear/stuffed animal (we all bring one)
- Medication – must be in blister packs (more details in health section of Parent Handbook)
- Handheld, battery-operated fan
- Headlamp/reading light (optional)
- Flashlight with extra batteries
- White article of clothing for tie-dye (pillowcase/t-shirt)
- Comics/books/magazines
- Costume for Fright Night (July campers - optional)
- Handheld mirror (optional)
- Lawn chair (optional)
- Water gun (optional)
- Candy for candy party (optional)

### Items Not to Bring

- ✗ Bottled water, drinks, food, snacks, gum, candy
- ✗ Glass containers
- ✗ Clothing requiring special care/delicate clothing
- ✗ Rollerblades/skateboards
- ✗ Trunks or plastic drawers
- ✗ Over-the-counter medication such as Tylenol or Advil
- ✗ Knives (Swiss Army, hunting, etc), weapons or anything that may be perceived or used as a weapon
- ✗ Expensive jewelry, clothing, cameras, valuables, cash
- ✗ Heels/platform shoes
- ✗ Fire-risk items/Electronic appliances (including but not limited to matches, lighters, flint sticks, incense, mosquito coils, candles, firecrackers, smoke bombs, heaters, decorative lights, electric blankets, kettles, hair straighteners, curling irons, hot pots, fan)
- ✗ Electronics with screens - cell phones, iPad, iPod, laptop, PSP, video games and eReader (exception music device that is incapable of connecting to Wifi)