



# CAMP SHALOM

## Suggested Packing List

Sneak Preview (1-week) campers

### Helpful Hints

- Label everything clearly and permanently
- Pack belongings in maximum **2** soft sided duffel bags (no suitcases). Shelf space is limited.

### Clothing

- 10 pairs underwear
- 10 pairs socks
- 2 pairs jeans or pants
- 2 pairs leggings or sweatpants
- 6 pairs of shorts
- 8 short sleeve t-shirts
- 2 long sleeve t-shirts
- 2 sweatshirts/hoodies
- 3 pairs pajamas (heavy and light)
- 1 nice blue and white outfit for Shabbat
- 3 bathing suits
- 1 bathrobe
- 1 jacket for cool evenings
- 1 raincoat
- 2 sun hats/baseball caps (visors not acceptable)
- 1 toque

### Footwear

- 2 pairs running shoes
- 1 pairs flip flops/crocs
- 1 pair rain boots

### Toiletries

- 1 toothbrush (with case)
- 1 tube toothpaste
- 1 liquid body wash or bar soap (with closable case)
- 1 bottle shampoo
- 1 bottle conditioner
- 1 deodorant
- 1 comb/hairbrush
- 1 bottle insect repellent (non-aerosol)
- 1 stick After-Bite anti-itch
- 1 shower bucket/caddy
- 1 bottle sunscreen, waterproof, 30+ SPF
- Tissues

### Linens

- 1 comforter (single/twin bed size)
- 1 fitted sheet (single/twin bed size)
- 1 flat sheet (single/twin bed size)
- 1 pillow
- 1 pillowcases
- 3 shower towels
- 3 beach towels
- 2 face/hand towels
- 1 laundry bag

### Miscellaneous

- 2 reusable water bottles
- Sunglasses
- Pens/pencils
- Stationary/Paper
- Pre-addressed and stamped envelopes
- Swim goggles (optional)
- 1 kippa for Shabbat (optional)
- Disposable camera(s) or inexpensive digital camera with battery charger
- 1 hanging shoe organizer to hold small items (optional)
- Extra eyeglasses/contact lenses (if applicable)
- Teddy bear/stuffed animal (we all bring one)
- Medication – must be in blister packs (more details in health section of Parent Handbook)
- Handheld, battery-operated fan
- Headlamp/reading light (optional)
- Flashlight with extra batteries
- White article of clothing for tie-dye (pillowcase/t-shirt)
- Comics/books/magazines
- Lawn chair (optional)
- Water gun (optional)
- Candy for candy party (optional)

### Items Not to Bring

- × Bottled water, drinks, food, snacks, gum, candy
- × Glass containers
- × Clothing requiring special care/delicate clothing
- × Over-the-counter medication such as Tylenol or Advil
- × Knives (Swiss Army, hunting, etc), weapons or anything that may be perceived or used as a weapon
- × Expensive jewelry, clothing, cameras, valuables, cash
- × Fire-risk items/Electronic appliances (including but not limited to matches, lighters, flint sticks, incense, mosquito coils, candles, firecrackers, smoke bombs, heaters, decorative lights, electric blankets, kettles, hair straighteners, curling irons, hot pots, fan)
- × Electronics with screens - cell phones, iPad, iPod, laptop, PSP, video games, eReader (exception music device that is incapable of connecting to WiFi)